

# We're Here To Serve You

Student Nutrition Services 2022-2023

### Free & Reduced Information, Benefits, & Status Are All Online!

Apply for free & reduced meals beginning **July 7, 2022** at

www.sdpcnutrition.com

Check your free & reduced application status beginning July 28, 2022 at www.schoollunchstatus.com

- Select South Carolina and then School District of Pickens County from the dropdown menus;
- Enter the required information;
- Click Submit to view your status.

### Safe & Secure

We use the highest level of data encryption available so that your information is always safe and guarded.

## Private & Available

Apply online in the comfort and privacy of your own home. The online service is available 24/7 anytime, anywhere there is an Internet or data connection!

# Fast

Your application is transmitted to the SDPC Nutrition Office the same day you apply, allowing for quicker processing so you can receive benefits faster.

## Go Green

No more paper applications to complete and return to the school office! Applying online is so convenient and good for the environment as well!







#### mySchoolBucks.com

gives parents direct access to their children's meal accounts!

Set up your account & log on to...

- view & print transaction history
- check to see how much money is in an account
- set spending limits
- make deposits to the meal account
- set reoccurring payments by amount & date

Find out more by visiting our website at **www.sdpcnutrition.com** 

When a student's meal account balance falls below \$5.00, a ParentLink message is sent to the parent. Messages are sent on Tuesdays.

Our website has all the information you need — menus, nutrition tips, mySchoolBucks.com, and free & reduced meals online application & status check. We're one click away at

www.sdpcnutrition.com



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### What is a meal?

- Lunch (5 items) meat/meat alternate, vegetable, fruit, grain/bread, milk
- Breakfast (4 items) meat/meat alternate, fruit, grain/bread, milk
- USDA policy requires a student to have 3
  of the 5 meal items at lunch and 3 of the
  4 meal items at breakfast. For lunch and
  breakfast, one of the 3 items must be a fruit
  or vegetable. Otherwise, the student will be
  charged the individual price of each.

# Special Sale Items

	Student	Adult
Lunch Entree Only	\$2.35	\$3.00
Breakfast Entree Only	\$1.50	\$2.00
Fruit: Fresh or Canned	\$1.00	\$1.00
Vegetable: Fresh or Canned	\$1.00	\$1.00
Baked Potato: Butter Only	\$1.50	\$1.50
French Fries	\$1.00	\$1.00
Macaroni & Cheese: One Cup	\$1.25	\$1.25
Roll or Biscuits	\$0.50	\$0.50
Desserts	\$0.75	\$0.75
Yogurt	\$0.75	\$0.75
Salad Dressing; 1.5 oz	\$0.50	\$0.50
Baked Chips	\$0.75	\$0.75
Cookie (Each)	\$0.50	\$0.50
Toast (2 Pieces) with Jelly	\$0.50	\$0.50
Biscuit (1) with Jelly	\$0.75	\$0.75
Milk	\$0.60	\$0.60
Cup of Ice	\$0.10	\$0.10
Bottled Wtaer: 8 oz and 16.9 oz	\$0.50	\$0.50
Juice 4 oz	\$0.50	\$0.50
Tea	\$0.60	\$0.60
Cheese Stick	\$0.50	\$0.50
Specialty Cookie-Fudghe or Iced	\$1.00	\$1.00

## Meal Prices

	Breakfast	Lunch
Student (Elementary)	\$1.50	\$2.10
Student (Middle/High)	\$1.50	\$2.35
Reduced	\$0.30	\$0.40
Adult	\$3.10	\$4.85
Extra Milk \$0.60		

## Charges

\* Students may charge no more than \$10.00 in meals.



- \* Students with negative balances can't purchase special items.
- \* If students have negative \$10.00 balances, they are served alternate meals until the balances are paid.
- \* If students on free meal status have negative \$10.00 balances, they will receive regular meals.